## Triadic Approximation Reveals the Role of Interaction Overlap on the Spread of Complex Contagions on Higher-Order Networks

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Contagion processes relying on the exposure to multiple sources are prevalent in social systems, and are effectively represented by hypergraphs. In this Letter, we derive a mean-field model that goes beyond node-and pair-based approximations. We reveal how the stability of the contagion-free state is decided by either two- or three-body interactions, and how this is strictly related to the degree of overlap between these interactions. Our findings demonstrate the dual effect of increased overlap: it lowers the invasion threshold, yet produces smaller outbreaks. Corroborated by numerical simulations, our results emphasize the significance of the chosen representation in describing a higher-order process.

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Behaviors, strategies, and conventions often require some form of reinforcement for their adoption [1–6]. Spreading among individuals through learning and imitation, their diffusion can be studied as a contagion process [7–10]. Differently from epidemics, however, repeated exposures to the same contagious source (e.g., an individual with a given behavior) are not always sufficient for transmission and multiple sources are required, defining a complex contagion [1,4,5,11–13]. When transmission depends on the exposures being simultaneous, as when interacting in a group, a spreading event becomes a many-body interaction [14]. Similarly, in biochemical systems, oftentimes a species needs simultaneous exposure to one or more other species in order for the reaction to occur [15,16].

Here we focus on social contagion [1,3,10,17-19]. This can be mapped to a susceptible-infectious-susceptible (SIS) process on a hypergraph [14,20,21], a generalization of a graph where an n-edge (i.e., an edge incident on n nodes) is used to represent an n-body interaction [22]. We assume that a susceptible node (individual) becomes infected at rate  $\beta^{(1)}$  in a two-body interaction (2-edge) with an infected individual  $(S + I \xrightarrow{\beta^{(1)}} 2I)$ , at rate  $\beta^{(2)}$  in a three-body interaction (3-edge) with two infected individuals  $(S+2I \xrightarrow{\beta^{(2)}} 3I)$ , and so on for larger groups. Infected individuals recover at rate  $\mu$  ( $I \xrightarrow{\mu} S$ ). Within this higherorder setting, Iacopini et al. [14] found a phenomenology (the appearance of a saddle-node bifurcation implying critical-mass behavior) that is effectively equivalent to the one already uncovered by Dodds et al. [3]. The latter used a threshold model (where transmission generally requires multiple exposures) over two-body interactions only. One might thus believe that accounting for higherorder, group interaction is only a marginal refinement, if not an unnecessary complication.

In this Letter, we challenge this belief by demonstrating that the outcome of the contagion process is fundamentally linked to how interactions of different orders are arranged in the system. Having developed a clique-based mean-field model that accounts for local dynamical correlations, we reveal that, contrary to the predictions made by node-based approximations [14,20], the invasion threshold,  $\beta_{\rm cr}^{(1)}$ , at which the inactive (contagion-free) state becomes unstable, does depend on  $\beta^{(2)}$  [21]. This dependence is proven to be strictly related to the degree of overlap between three- and two-body interactions. Having derived an explicit expression for the critical surface, we demonstrate that the overlap has a double-edged effect: it lowers the invasion threshold, but also makes the outbreaks generally smaller.

Let us start from the closure approximation we apply to the exact microscopic equations on hypergraphs. We track the state evolution of subsets of nodes which form maximal cliques (i.e., cliques not subsets of larger ones) in the projection graph constructed by associating cliques to edges of the hypergraph. Accordingly, considering up to three-body interactions, we account for the evolution of the state probability  $P_i^{\sigma_i}$  for node i to be in state  $\sigma_i$ ,  $P_{ij}^{\sigma_i\sigma_j}$  for the maximal link ij to be in state  $\sigma_i\sigma_j$ ,  $P_{ijl}^{\sigma_i\sigma_j\sigma_l}$  for the (maximal) 3-clique ijl to be in state  $\sigma_i\sigma_j\sigma_l$ . Notice that a 3-clique, when projected back to the hypergraph, comes in one of three flavors: a length-3 cycle (or 3-cycle), conveying three two-body interactions, a 3-edge, conveying a three-body interaction, or a 2-simplex (or triangle), conveying all of them.

The state probability of other local structures is approximated in terms of the maximal cliques composing it. We consider random hypergraphs that are sparse to the extent that the probability for two maximal cliques to share more than one node vanishes in the infinite-size limit [23]. We thus need a closure only for the following local structures:

two connected maximal links, a maximal link connected to a 3-clique, and two connected 3-cliques. We approximate their state as follows [21]:

$$P_{ijl}^{\sigma_i \sigma_j \sigma_l} \approx P_{ij}^{\sigma_i \sigma_j} P_{jl}^{\sigma_j \sigma_l} / P_j^{\sigma_j}, \tag{1a}$$

$$P_{ijlh}^{\sigma_i\sigma_j\sigma_l\sigma_h}\approx P_{ij}^{\sigma_i\sigma_j}P_{jlh}^{\sigma_j\sigma_l\sigma_h}/P_j^{\sigma_j}, \tag{1b}$$

$$P_{ij\underline{l}hk}^{\sigma_i\sigma_j\sigma_l\sigma_h\sigma_k} \approx P_{ijl}^{\sigma_i\sigma_j\sigma_l} P_{lhk}^{\sigma_l\sigma_h\sigma_k} / P_l^{\sigma_l}, \tag{1c}$$

where the underline indicates the shared node. We refer to Eqs. (1) as the *triadic approximation* [24].

The higher-order interaction structure is encoded in the following binary tensors:  $A^{(1)}$ , such that  $A^{(1)}_{ij}=1$  if the maximal link ij exists;  $A^{(1,0)}$  and  $A^{(0,1)}$ , such that  $A^{(1,0)}_{ijl}=1$ 

 $(A_{ijl}^{(1,0)}=0)$  and  $A_{ijl}^{(0,1)}=0$   $(A_{ijl}^{(0,1)}=1)$  if ijl is a 3-cycle (3-edge); and such that  $A_{ijl}^{(1,0)}A_{ijl}^{(0,1)}=1$  if ijl is a triangle (for later convenience, we introduce  $A^{(1,1)}=A^{(1,0)}\odot A^{(0,1)}$ ). Specifically, if for any 3-clique ijl,  $A_{ijl}^{(0,1)}=1\Rightarrow A_{ijl}^{(1,0)}=1$ , the hypergraph is a simplicial 2-complex, for the existence of a 3-edge implies the existence of the 2-edges it includes [26]. If, instead,  $A_{ijl}^{(0,1)}=1\Rightarrow A_{ijl}^{(1,0)}=0$ , it is a linear hypergraph, for any two edges will share at most one node [26]. Any hypergraph is located in between these two limits, depending on the degree of overlap between three-and two-body interactions.

Having rescaled time by  $\mu$ , the process is described by the following system of microscopic equations,

$$\dot{P}_{i}^{I} = -P_{i}^{I} + \beta^{(1)} \sum_{j} A_{ij}^{(1)} P_{ij}^{SI} + \frac{1}{2} \sum_{j,l} \left[ A_{ijl}^{(1,0)} \beta^{(1)} (P_{ijl}^{SSI} + P_{ijl}^{SIS} + 2P_{ijl}^{SII}) + A_{ijl}^{(0,1)} \beta^{(2)} P_{ijl}^{SII} \right], \tag{2a}$$

$$\begin{split} \dot{P}_{ij}^{SI} &= -(1+\beta^{(1)})P_{ij}^{SI} + P_{ij}^{II} - \beta^{(1)} \sum_{l \neq j} A_{il}^{(1)} P_{j\underline{i}l}^{ISI} + \beta^{(1)} \sum_{l \neq i} A_{jl}^{(1)} P_{i\underline{j}l}^{SSI} \\ &- \frac{1}{2} \sum_{l,h} \left[ A_{ilh}^{(1,0)} \beta^{(1)} (P_{j\underline{i}lh}^{ISIS} + P_{j\underline{i}lh}^{ISSI} + 2P_{j\underline{i}lh}^{ISII}) + A_{ilh}^{(0,1)} \beta^{(2)} P_{j\underline{i}lh}^{ISII} \right] + \{i \leftrightarrow j\}, \end{split}$$
 (2b)

$$\begin{split} \dot{P}_{ijl}^{SSI} &= -(1 + 2A_{ijl}^{(1,0)}\beta^{(1)})P_{ijl}^{SSI} + P_{ijl}^{ISI} + P_{ijl}^{SII} \\ &- \beta^{(1)} \sum_{h \neq j,l} A_{ih}^{(1)} P_{jl\underline{i}h}^{SISI} - \beta^{(1)} \sum_{h \neq i,l} A_{jh}^{(1)} P_{il\underline{j}h}^{SISI} + \beta^{(1)} \sum_{h \neq i,j} A_{lh}^{(1)} P_{ij\underline{l}h}^{SSSI} \\ &- \frac{1}{2} \sum_{h,k \neq j,l} \left[ A_{ihk}^{(1,0)} \beta^{(1)} (P_{jl\underline{i}hk}^{SISIS} + P_{jl\underline{i}hk}^{SISSI} + 2P_{jl\underline{i}hk}^{SISII}) + A_{ihk}^{(0,1)} \beta^{(2)} P_{jl\underline{i}hk}^{SISII} \right] - \{i \leftrightarrow j\} + \{i \leftrightarrow l\}, \end{split}$$
 (2c)

$$\dot{P}_{ijl}^{SII} = -(2 + 2A_{ijl}^{(1,0)}\beta^{(1)} + A_{ijl}^{(0,1)}\beta^{(2)})P_{ijl}^{SII} + A_{ijl}^{(1,0)}\beta^{(1)}(P_{ijl}^{SSI} + P_{ijl}^{SIS}) + P_{ijl}^{III} - \beta^{(1)} \sum_{h \neq j,l} A_{ih}^{(1)} P_{jl\underline{i}h}^{IISI} + \beta^{(1)} \sum_{h \neq i,l} A_{jh}^{(1)} P_{il\underline{j}h}^{SISI} + \beta^{(1)} \sum_{h \neq i,j} A_{lh}^{(1)} P_{ij\underline{l}h}^{SISI} - \frac{1}{2} \sum_{h,k \neq i,l} \left[ A_{ihk}^{(1,0)} \beta^{(1)}(P_{jl\underline{i}hk}^{IISIS} + P_{jl\underline{i}hk}^{IISSI} + 2P_{jl\underline{i}hk}^{IISII}) + A_{ihk}^{(0,1)} \beta^{(2)} P_{jl\underline{i}hk}^{IISII} \right] + \{i \leftrightarrow j\} + \{i \leftrightarrow l\},$$
(2d)

where  $\{i \leftrightarrow j\}$  denotes that obtained by swapping i and j in the explicit term (excluding the sign in front) on the same line and taking i and j in state S. The other state probabilities are found as  $P_i^S = 1 - P_i^I$ ,  $P_{ij}^{SS} = 1 - P_i^I$ ,  $P_{ij}^{SS} = 1 - P_i^I - P_{ij}^{SI}$ ,  $P_{ijl}^{SII} = P_i^I - P_{ijl}^{II}$ ,  $P_{ijl}^{SSI} = 1 - P_i^I - P_{ijl}^{SII} - P_{ijl}^{SII} - P_{ijl}^{III} = P_i^I - P_{ijl}^{III} - P_{ijl}^{IIS} - P_{ijl}^{IIS}$ . Equations (2) are closed through Eqs. (1). The system consists then of  $N + L + 2(T^{(1,0)} + T^{(0,1)} + T^{(1,1)})$  equations, being  $N, L, T^{(1,0)}, T^{(0,1)}$ , and  $T^{(1,1)}$ , the number of nodes, maximal links, 3-cycles, 3-edges, and triangles, respectively.

To make this model analytically tractable, we perform a mean-field approximation by regarding all the nodes and cliques as equivalent to their average counterparts. Accordingly, every node is assumed to be part of the same number of maximal links  $k^{(1)}$ —3-cliques,  $k^{(1,0)}$ ; 3-edges,  $k^{(0,1)}$ ; and triangles,  $k^{(1,1)}$ —and thus participates in  $\kappa^{(1)} = k^{(1)} + 2(k^{(1,0)} + k^{(1,1)})$  two-body interactions and  $\kappa^{(2)} = k^{(0,1)} + k^{(1,1)}$  three-body interactions (see Fig. 1 for illustration). The state probabilities  $P_i^{\sigma}$ ,  $P_{ij}^{\sigma\sigma'}$ , and  $P_{ijl}^{\sigma\sigma'\sigma''}$ , with  $\sigma, \sigma', \sigma'' \in \{S, I\}$ , are taken equal to their respective

averages,  $P^{\sigma} = \sum_{i} P_{i}^{\sigma}/N$ ,  $P^{\sigma\sigma'} = \sum_{i,j} A_{ij}^{(1)} P_{ij}^{\sigma\sigma'}/Nk^{(1)}$ , and  $P_{x}^{\sigma\sigma'\sigma''} = \sum_{i,j,l} A_{ijl}^{x} P_{ijl}^{\sigma\sigma'\sigma''}/2Nk^{x}$ , the index  $x \in \{(1,0), (0,1), (1,1)\}$  indicating the type of the considered 3-clique [27].

Using the indicator function  $\mathbb{1}_p$ , giving 1 if condition p is fulfilled and 0 otherwise, the reduced system reads

$$\begin{split} \dot{P}^{I} &= -P^{I} + \beta^{(1)}k^{(1)}P^{SI} + 2\beta^{(1)}\left[k^{(1,0)}(P^{SSI}_{(1,0)} + P^{SII}_{(1,0)}) + k^{(1,1)}(P^{SSI}_{(1,1)} + P^{SII}_{(1,1)})\right] + \beta^{(2)}\left[k^{(0,1)}P^{SII}_{(0,1)} + k^{(1,1)}P^{SII}_{(1,1)}\right], \quad (3a) \\ \dot{P}^{SI} &= -(1+\beta^{(1)})P^{SI} + P^{II} - \beta^{(1)}(k^{(1)} - 1)P^{SI}\frac{P^{SI} - P^{SS}}{P^{S}} \\ &- \left\{2\beta^{(1)}\left[k^{(1,0)}(P^{SSI}_{(1,0)} + P^{SII}_{(1,0)}) + k^{(1,1)}(P^{SSI}_{(1,1)} + P^{SII}_{(1,1)})\right] + \beta^{(2)}\left[k^{(0,1)}P^{SII}_{(0,1)} + k^{(1,1)}P^{SII}_{(1,1)}\right]\right\}\frac{P^{SI} - P^{SS}}{P^{S}}, \quad (3b) \end{split}$$

$$\dot{P}_{x}^{SSI} = -2(1 + \beta^{(1)} \mathbb{1}_{x \neq (0,1)}) P_{x}^{SSI} + 2P_{x}^{SII} - \beta^{(1)} k^{(1)} P^{SI} \frac{2P_{x}^{SSI} - P_{x}^{SSS}}{P^{S}}$$

$$-2\beta^{(1)} \left[ (k^{(1,0)} - \mathbb{1}_{x=(1,0)}) (P_{(1,0)}^{SSI} + P_{(1,0)}^{SII}) + (k^{(1,1)} - \mathbb{1}_{x=(1,1)}) (P_{(1,1)}^{SSI} + P_{x}^{SII}) \right] \frac{2P_{x}^{SSI} - P_{x}^{SSS}}{P^{S}}$$

$$-\beta^{(2)} \left[ (k^{(0,1)} - \mathbb{1}_{x=(0,1)}) P_{(0,1)}^{SII} + (k^{(1,1)} - \mathbb{1}_{x=(1,1)}) P_{(1,1)}^{SII} \right] \frac{2P_{x}^{SSI} - P_{x}^{SSS}}{P^{S}},$$

$$(3c)$$

$$\begin{split} \dot{P}_{x}^{SII} &= -(2 + 2\beta^{(1)} \mathbb{1}_{x \neq (0,1)} + \beta^{(2)} \mathbb{1}_{x \neq (1,0)}) P_{x}^{SII} + 2\beta^{(1)} \mathbb{1}_{x \neq (0,1)} P_{x}^{SSI} + P_{x}^{III} - \beta^{(1)} k^{(1)} P^{SI} \frac{P_{x}^{SII} - 2P_{x}^{SSI}}{P^{S}} \\ &- 2\beta^{(1)} \Big[ (k^{(1,0)} - \mathbb{1}_{x = (1,0)}) (P_{(1,0)}^{SSI} + P_{(1,0)}^{SII}) + (k^{(1,1)} - \mathbb{1}_{x = (1,1)}) (P_{(1,1)}^{SSI} + P_{(1,1)}^{SII}) \Big] \frac{P_{x}^{SII} - 2P_{x}^{SSI}}{P^{S}} \\ &- \beta^{(2)} \Big[ (k^{(0,1)} - \mathbb{1}_{x = (0,1)}) P_{(0,1)}^{SII} + (k^{(1,1)} - \mathbb{1}_{x = (1,1)}) P_{(1,1)}^{SII} \Big] \frac{P_{x}^{SII} - 2P_{x}^{SSI}}{P^{S}}, \end{split}$$
(3d)

where  $P^S = 1 - P^I$ ,  $P^{SS} = 1 - P^I - P^{SI}$ ,  $P^{II} = P^I - P^{SI}$ ,  $P^{SSS} = 1 - P^I - P^{SII} - 2P^{SSI}$ ,  $P^{III} = P^I - P^{SSI} - 2P^{SII}$ .

To correctly locate the phase transition, we linearize Eqs. (3) around the inactive state by regarding of the same order  $\epsilon \ll 1$  the probabilities of infected states, i.e.,  $P^I, P^{SI}, P^{II}, P^{SSI}_x, P^{SII}_x, P^{III}_x \in \mathcal{O}(\epsilon)$  [21]. The rightmost eigenvalue of the Jacobian matrix associated with the resulting linear system crosses the imaginary axis when the following is satisfied [28]:

$$k^{(1)} \frac{\beta^{(1)}}{1 + \beta^{(1)}} + k^{(1,0)} \frac{2\beta^{(1)}(1 + \beta^{(1)})}{1 + 2\beta^{(1)}(1 + \beta^{(1)})} + k^{(1,1)} \frac{\beta^{(1)}(2 + 2\beta^{(1)} + \beta^{(2)})}{1 + \beta^{(1)}(2 + 2\beta^{(1)} + \beta^{(2)})} = 1.$$
 (4)

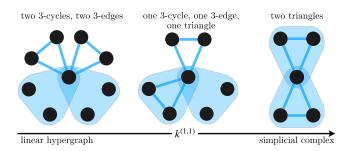


FIG. 1. Example showing how the neighborhood of a focal node changes with  $k^{(1,1)}$  for fixed  $\kappa^{(1)}$ ,  $k^{(1)}$  (zero here), and  $\kappa^{(2)}$ . The node takes part to  $\kappa^{(1)}=4$  two-body and  $\kappa^{(2)}=2$  three-body interactions, but their degree of overlap changes.

Equation (4) defines the critical surface in the parameter space [see Fig. 2(a)]. There is no solution when either  $\beta^{(1)} = 0$  or there are only three-body interactions  $(\kappa^{(2)} = k^{(0,1)}, \kappa^{(1)} = 0)$ . This reveals that a three-body interaction cannot affect the stability of the inactive state unless "activated" by the presence of two-body interactions within the same subset of nodes. Two-body interactions are thus needed to destabilize the inactive state. That activation occurs in triangles. Since each term in the l.h.s. of Eq. (4) is a strictly increasing function of the infection rates, given  $k^{(1,1)} > 0$ , the larger is  $\beta^{(2)}$  $(\beta^{(1)})$ , the smaller is  $\beta^{(1)} = \beta_{\rm cr}^{(1)}$   $(\beta^{(2)} = \beta_{\rm cr}^{(2)})$  solving Eq. (4). In particular, when triangles can percolate the structure (i.e.,  $k^{(1,1)} > 1$ ),  $\beta_{cr}^{(1)}$  can be made arbitrarily small by increasing  $\beta^{(2)}$ . Moreover, by imposing  $\beta^{(2)} = 0$ in Eq. (4), we find that a simple contagion suffices to cause extensive spreads at  $\beta_{\rm cr}^{(1)}$   $\in$   $[\beta_{(1)}^{(1)},\beta_{(1,0)}^{(1)}]$ , being  $\beta_{(1)}^{(1)}$  =  $1/(\kappa^{(1)}-1)$  and  $\beta_{(1,0)}^{(1)}=[\sqrt{1+4/(\kappa^{(1)}-2)}-1]/2$  the critical point for, respectively, a locally treelike network  $(\kappa^{(2)} = 0, \quad \kappa^{(1)} = k^{(1)})$  and a 3-cycle-based network  $(\kappa^{(2)} = 0, \kappa^{(1)} = 2k^{(1,0)})$ . In agreement with previous studies proving clustering to raise the critical point of simple [29,30] and slightly nonlinear [31] contagions,  $\beta_{(1,0)}^{(1)} > \beta_{(1)}^{(1)}$ .

Considering then a triangle-based network ( $\kappa^{(2)} = k^{(1,1)}$ ,  $\kappa^{(1)} = 2k^{(1,1)}$ ), i.e., a homogeneous simplicial 2-complex, we find that the critical point,  $\beta_{(1,1)}^{(1)}$ , reads

$$\beta_{(1,1)}^{(1)} = \frac{\beta^{(2)} + 2}{4} \left[ \sqrt{1 + \frac{16}{(\kappa^{(1)} - 2)(\beta^{(2)} + 2)^2}} - 1 \right]. \tag{5}$$

 $\beta_{(1,1)}^{(1)}$  thus vanishes as  $1/\beta^{(2)}$  for large  $\beta^{(2)}$  [see Fig. 2(b)]. Observe that Eq. (5) reflects the fact that extensive contagions are possible only for  $\kappa^{(1)} > 2$  ( $k^{(1,1)} > 1$ ), when a giant connected component can exist.

To isolate the effect of the overlap between two- and three-body interactions, we fix  $\kappa^{(1)}$ ,  $k^{(1)}$ , and  $\kappa^{(2)}$ , and increase  $k^{(1,1)}$  from 0 to  $\kappa^{(2)}$  (correspondingly,  $k^{(1,0)}$  and  $k^{(0,1)}$  both decrease). Importantly, a larger  $k^{(1,1)}$  implies a smaller and more redundant neighborhood (see Fig. 1). One may thus expect that the critical point increases with  $k^{(1,1)}$ .

As shown in detail in Fig. 2(a), instead, either  $\beta_{\rm cr}^{(1)}$  and  $\beta_{\rm cr}^{(2)}$ decrease with  $k^{(1,1)}$ , taking the lowest values in a simplicial complex and the highest in a linear hypergraph (for which, being  $k^{(1,1)} = 0$ ,  $\beta_{\rm cr}^{(1)}$  is unaffected by  $\beta^{(2)}$ ). Since 3-edges yield a negligible contribution around the inactive state, exchanging them for triangles helps the spread to thrive. As Figs. 2(c) and 2(d) show, this holds also for the equilibrium fraction of infected nodes,  $I^*$ , when  $\beta^{(1)}$  is close enough to the threshold for the simplicial complex. For larger infection rates, however, that redundancy becomes detrimental, for potentially infectious edges lead to nodes which are already infected. The largest spreads are thus found for linear hypergraphs, ensuring the least-redundant, widest neighborhoods. Finally, notice in Fig. 2(c) how solely varying the overlap can change the nature of the phase transition.

We test the model on random regular hypergraphs, generated through a standard configuration model in which every node is assigned the same degrees  $k^{(1)}$ ,  $k^{(0,1)}$ ,  $k^{(1,0)}$ ,

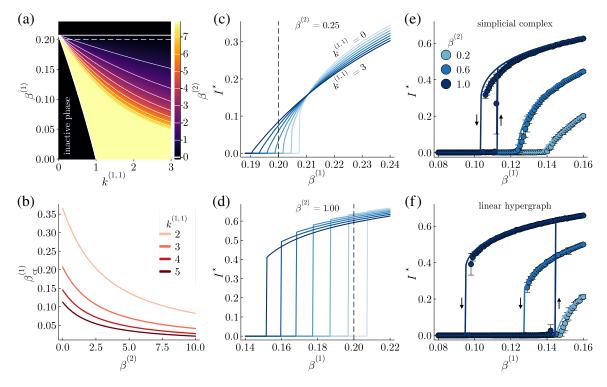


FIG. 2. Predictions from the mean-field model. (a) Critical surface  $(k^{(1,1)},\beta^{(1)},\beta^{(2)})_{\rm cr}$  defined by Eq. (4) for hypergraphs with  $\kappa^{(1)}=6$  two-body  $(k^{(1)}=0)$  and  $\kappa^{(2)}=3$  three-body interactions per node. The white solid curves correspond to the values of  $\beta^{(2)}$  indicated in the color bar (limited at 7 for better readability), the curve  $\beta^{(2)}=0$  being thicker. The dashed line denotes  $\beta^{(1)}_{(1)}=1/5$ , associated to the locally treelike network with the same  $\kappa^{(1)}$ . (b) Critical threshold  $\beta^{(1)}_{\rm cr}\equiv\beta^{(1)}_{(1,1)}$ , Eq. (5), for homogeneous simplicial 2-complexes. (c)–(d) Equilibrium prevalence,  $I^*$ , for  $\beta^{(2)}\in\{0.25,1.00\}$ , and  $k^{(1,1)}$  from 0 (lightest shade) to 3 (darkest shade) in steps of 0.5. The dashed line indicates  $\beta^{(1)}_{(1)}=1/5$ . (e)–(f) Comparison of the model (solid lines) with numerical simulations performed on random regular hypergraphs with N=5000,  $\kappa^{(1)}=8$ ,  $k^{(1)}=2$ ,  $\kappa^{(2)}=3$ , and  $k^{(1,1)}=3$  (simplicial complex) and  $k^{(1,1)}=0$  (linear hypergraph). Points and error bars denote averages and standard errors computed over 20 random initializations. The arrows help to distinguish the forward and backward curves in hysteresis cycles.

and  $k^{(1,1)}$ . As reported in Figs. 2(e) and 2(f), numerical simulations confirm the (quantitative) predictions made by the mean-field model.

We further test those predictions on hypergraphs constructed from real-world datasets, containing record of face-to-face interactions during a conference [32], and proximity data within a university campus [33]. We refer to the Supplemental Material [34] for the procedure used to convert each dataset into a binary network. The hypergraphs are then constructed by adding three-body interactions to either 3-cycles with probability h, converting them in triangles, or to randomly selected triplets of unconnected nodes otherwise, forming 3-edges. Even though the basic assumptions of homogeneity and sparseness that we made are heavily violated in more realistic structures (see [34]), the numerical results reported in Fig. 3 show that the qualitative phenomenology uncovered by the mean-field theory remains valid. This confirms its structural origin: the overlap between three- and two-body interactions. We thus conjecture that a similar picture holds for other contagion models as well, as we already verified for a SIR process (see Supplemental Material [34]).

Through a more refined mean-field model, this study reveals a fundamental relation between the behavior of complex contagion processes and the way interactions are arranged in the higher-order structure. Extending beyond node- and pair-based approximations, our analysis

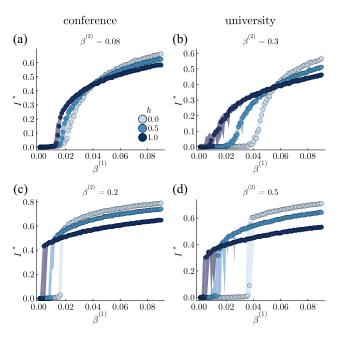


FIG. 3. Numerical simulations performed on the hypergraphs constructed from the conference's [32] [(a) and (c)] and the university campus's [33] [(b) and (d)] datasets. Points denote medians computed over 20 random initializations; ribbons cover from the 5th to the 95th percentile. The added three-body interactions form triangles with probability h=0 (linear hypergraph), h=0.5, and h=1 (simplicial complex).

establishes how three-body interactions contribute to destabilizing the inactive state, proving their contribution is contingent on overlapping with two-body interactions. Examining the boundary structures, we demonstrated that simplicial complexes and linear hypergraphs—having maximal and no overlap, respectively—exert diametrically opposed dynamical effects. The former lower the critical point, while often resulting in smaller spreads; the latter heighten the critical point, yet typically leading to larger spreads. Complementing recent findings in synchronization [39], our investigation underscores the necessity of identifying the most suitable representation for specific higher-order processes.

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